



Oven Baked Zucchini Chips

1/4 cup dry breadcrumbs
1/4 cup grated fresh Parmesan cheese
1/4 teaspoon seasoned salt
1/4 teaspoon garlic powder
1/8 teaspoon freshly ground black pepper
1/4 cup unsweetened almond milk (you could also use skim milk)
2 1/2 cups (1/4-inch-thick) slices zucchini
Cooking spray

Preheat oven to 425°.

Combine first 5 ingredients in a medium bowl, stirring with a whisk.

Place milk in a shallow bowl. Dip zucchini slices in milk, and dredge in breadcrumb mixture.

Place coated slices on an ovenproof wire rack coated with cooking spray; place rack on a baking sheet, spray tops with cooking spray.

Bake at 425° for 30 minutes or until browned and crisp. Serve immediately.